

## **From Scott Nichols, Granite State Health Care Coalition**

In order to provide additional resources to your workers and keep everyone safe, healthcare workers in your organizations that are in need of either Respite or Self-Isolation/Quarantine now have the option of staying at a remote location. Self-Isolation/Quarantine is limited to 14 days post-exposure for asymptomatic individuals. These sites have been broken down into two distinct areas:

**Respite Sites** are rooms that will be available for employees who are working extended shifts, need a place to rest and recover, and may not want to jeopardize their family due to the work they are performing. They are asymptomatic and are able to take care of themselves. Food and extraneous costs are the responsibility of the healthcare worker or their organization. Those at respite sites are free to come and go as needed. They may be collocated with other first responders or healthcare professionals involved with this response requiring respite.

**Self-Isolation/Quarantine (IQ) Sites** are for first responders and healthcare workers who may have either had an unprotected exposure to COVID-19 while working or have mild symptoms and need a place to stay while they await testing and/or test results. The National Guard is missioned to provide Site Manager services which may include daily monitoring as needed. This monitoring may be via phone or in-person. Self-Isolation/Quarantine is limited to 14 days post-exposure for asymptomatic individuals.

### **Accessing These Resources**

Both types of services for healthcare workers and first responders can be arranged through the following number where a number of questions may be asked to determine placement: Call the State Emergency Operations Center, **ESF 4-Firefighting** desk at (603) 223-3718. This number is answered 24/7 to assist healthcare and public safety agencies.

We have been working on obtaining additional sites across the state and will do our best to provide a site within a reasonable distance from the organization's or participant's community. Currently, these sites are being acquired as the demand increases, so your healthcare worker may need to drive or be transported outside of your community.

### **Costs**

Food and other applicable costs with the exception of the room expense is the responsibility of the healthcare organization or individual.

The cost of the room, site management, and National Guard services are covered by the state. Additional questions about logistical support and administrative issues would be best addressed at the above number as they can refer you to the proper point of contact.

We anticipate another set of options for the general public to be available very soon. This option is currently **only** available for first responders and healthcare workers. Taking care of those that take care of us is the first priority.

**Distribution**

We ask that you only inform healthcare partners of this service. Once a public option is available, a separate intake process will be distributed.

Thank you for your hard work and dedication,

Scott

**J. Scott Nichols**

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