

Temporary Health Partner

Important Information for Providers

Before the COVID-19 Pandemic, NH SNF providers were experiencing shortages of staff. The pandemic has exacerbated the staffing challenges due to staff who cannot work due to family situations, staff who are scared, and staff who must quarantine due to exposure or positive testing.

The **Temporary Health Partner (THP)** position has been created as a temporary stopgap to get hands, feet, and *hearts* on the ground to assist your current team in caring for residents.

Oversight:

The THP will work as a part of the caregiver team, assisting nurses and LNAs in caring for residents.

Scope of Work:

The THP 's Scope of Work is limited to tasks for which they have been trained and competency tested to do. A detailed Scope of work, based on the training options is outline on a separate page. *The scope of work cannot extend beyond the curriculum and demonstrated competencies, however individual employers may choose to pare down the competencies to fit the position.*

Training:

- **8-hour Online training**
Includes skills and concepts necessary to care for long-term care residents.
- **Post-training Testing & Certificate**
The Online Training includes a post-test prior to issuance of a certificate of completion.
- **On-site competencies**
Candidates must perform competency training/testing on-site at their place of employment or with a designated off-site trainer.
- **Orientation & Site-specific training**
Must be completed at the place of employment within the guidelines of the individual facility.

Approved Training Options (FREE):

- American Health Care Association Temporary Nurse Aide Training. (include link)
- CNA Now Online Temporary Health Partner Training. (Include Link)

Important Information for Candidates

A job in healthcare is more than a paycheck. It is a step toward making a difference in the lives of those you care for. It is a step toward a career with opportunities for growth in many directions. It is a step toward job stability. It is an opportunity to serve those who are most in need of care. It is an opportunity to be a part of a team that is improving the lives of those impacted by illness.

The **Temporary Health Partner (THP)** position is an opportunity for you to help residents who are most in need of your care, within New Hampshire's nursing homes.

You will work as a part of a caregiver team, assisting nurses and licensed nursing assistants to care for nursing home residents.

Training:

- **8-hour Online training**
Includes skills and concepts necessary to care for long-term care residents.
- **Post-training Testing & Certificate**
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Why Temporary:

This position has been created via Executive Order at the state and national level as a means of assuring that there is adequate staffing to assure quality care for residents during this time of increased need.

Endless Opportunities:

This position is a great stepping stone for candidates to consider joining the healthcare profession with a pathway to nursing, therapy, activities or other supportive staff roles. More information on career paths, training, and training funds are available through your employer.

Temporary Health Partner

The Temporary Health Partner (THP) is a temporary position limited to the length of the COVID-19 crisis as determined by both National and State officials. The THP scope of work includes activities to meet the needs of residents who reside in long term care centers. Every resident in a long term care center has a care plan which outlines the care and services that should be provided to the resident. The THP works under the direction of the licensed nurses and licensed nursing assistants to help provide care and services based on the resident care plan. Before providing any care, the THP should review and follow the resident care plan. The facility must provide direction and oversight to the THP. After the employing facility ensures skill competency, the THP may perform any of the following activities:

Scope of Work

Activities of Daily Living

- Bathing
- Oral care
- Denture care
- Grooming
- Shaving
- Nail care
- Dressing/undressing

Infection Control Practices

- Hand hygiene
- Standard and transmission-based precautions
- Cleaning and disinfection
- Use of personal protective equipment (PPE)

Bedmaking

- Unoccupied
- Occupied

Positioning, Moving, and Restorative Care

- Transferring a resident
- Positioning a resident
- Moving the resident in bed
- Stand and pivot transfers
- Assist with ambulation/walking

Nutrition and Elimination Assistance

- Assist with meals including feeding a resident
- Assist with elimination, including toileting and peri-care
- Assist with routine ostomy cares

Comfort Care and End-of-Life

- Promoting comfort and sleep
- Pain management
- End-of-life care
- Physical care of body after death

Curriculum/Demonstrated Competencies

Infection Prevention

- Standard Precautions
- Handwashing
- Using Barriers (Gloves, Gowns, Mask, etc.)
- Isolation/Transmission Based Precautions
- Cleaning, Disinfection, Sterilization

Personal Care Routines (bathing)

- Shampooing
- Oral Hygiene
- Denture Care
- Grooming
- Shaving
- Nail Care

Personal Safety and Emergency Care

- Dressing/Undressing
- Bloodborne Pathogens
- Body Mechanics
- Choking
- Injury Prevention

Documentation and Core Skills

- Documentation
- Bedmaking
- Making an Occupied Bed
- Transferring a Resident

Positioning, Moving, and Restorative Care

- Positioning
- Moving Up in Bed When Resident Unable
- Moving a Resident
- Stand, Pivot, Transfer
- Assisting with Walking (ambulation)
- Mechanical Lift, if applicable

Nutrition and Elimination

- Assisting with Meals
- Assisting with Elimination (toileting)
- Assisting with Ostomy

Advanced and Specialty Care Environments

- Oxygen Therapy
- Motivate Resident/Stop when Resists
- Specific Behavioral Symptoms
- Specific Techniques for ADLs

Comfort Care and End of Life

- Pain Management
- Promoting Comfort and Sleep
- End of Life Care
- Ethics and the Law in LTC
- Physical Care of Body After Death