

September 9, 2026

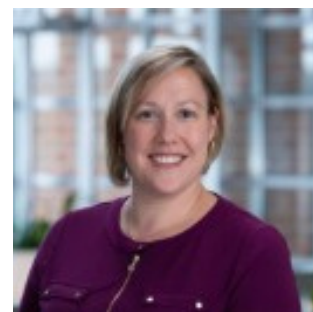
IMPORTANT NOTE:

This is a repeat of Meghan's Boot Camp in March 2026. If you attended that session, you know how valuable this information will be to additional team members in your community!

Are you **new to Assisted Living Leadership** in New Hampshire? Looking for a comprehensive review and discussion of He-P 804 and He-P 805 Regulations? This full-day training will provide an opportunity to brush up on the current regulations and assure your organization is compliant with the current regs.

Meghan Cook will lead attendees through an in-depth program that outlines the He-P 804 and He-P 805 regulations and provide guidance on the differences and similarities between the two levels of care and helps leaders assure that they are meeting the regulatory requirements for their building(s).

Meghan Cook, RN, CDP is an experienced healthcare administrator and clinical leader with over 30 years of success in the Assisted Living and Memory Support industry. She has held senior leadership roles such as Director of Nursing, Executive Director, VP of Clinical Services, and Corporate Director of Clinical Services.



Meghan is currently the Vice President of New Hampshire Association of Residential Care Homes (NHARCH) and a co-chair of the NHHCA's Education Committee. She also serves as an instructor for the NH CARES training and assessments. She is deeply committed to excellence in care delivery, operational efficiency, regulatory compliance, and fostering a resident-centered collaborative care environments.

Click here to register online.

<https://nhhca.weblinkconnect.com/events/ALF-Regulatory-Boot-Camp-8072/details>

REGISTRATION

NHHCA Members	\$100.00
Not Yet Members	\$150.00
<i>Includes 6.0 CEUs and Lunch</i>	

Date & Time:

Wed, September 9, 2026 - 9:00a - 4:00p

Location: Presidential Oaks

200 Pleasant Street, Concord, NH